

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff Move Free Starter Kit, Product #12886 & Insert S-4157** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Label/Carton

- (Statement 1)** People who have not used Glucosamine or Chondroitin in the past six months can get a jump start on strengthening their joints. Move Free Starter Kit's unique two-step mechanism first gently cleans out joints, and then quickly goes to work on cushioning and lubricating them.
Step 1: Gently Cleans Out Your Joints to prime them for cushioning, lubricating and strengthening.
Step 2: Nourishes Your Joints with Glucosamine and Chondroitin for long-term joint health and mobility.

- (Statement 2)** Move Free Nourishes Lubricates Cushions Strengthens
Cushion your joints with Schiff Move Free

Insert

- (Statement 3)** Move Free Nourishes Lubricates Cushions Strengthens
Move Free actually nourishes. Lubricates and strengthens by giving your joints what they need.
- (Statement 4)** A way to promote long term joint health is to give the body what it naturally uses to maintain and nourish its joints. Just like our body uses Calcium to build strong bones, it uses the nutrients Glucosamine and Chondroitin to strengthen our joints. Glucosamine is a basic building block of joint cartilage, which helps to support the structural integrity of joints and connective tissue. Chondroitin is a naturally-occurring nutrient found in connective tissue and it is capable of binding water molecules to lubricate joints.
Step 1: It gently cleans out your joints to "prime them" for cushioning, lubricating, and strengthening.
Step 2: It nourishes your joints with Glucosamine and Chondroitin for long-term joint health and mobility.

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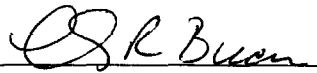
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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 3rd day of June, 2004

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research